

CANADA SIKH TIMES

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ਕੈਨੇਡਾ ਸਿੱਖ ਟਾਈਮਜ਼

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First Amritdhari Sikh Pilot Officer in Royal Australian Air Force



Australia proudly welcomes a new chapter in diversity and representation as Brahmjot Singh becomes the first Amritdhari Sikh to be commissioned as a Pilot Officer in the Royal Australian Air Force (RAAF). With his turban and unshorn beard,

Officer Singh represents both professional excellence and unwavering spiritual commitment, standing as a symbol of courage, faith, and inclusion in the armed forces. This milestone reflects growing recognition of religious diversity within military institutions. Brahmjot Singh's journey breaks barriers and paves the way for future generations of Sikhs in uniform. A proud moment for the global Sikh community and a shining example of representation with dignity!

ਉਘੇ ਵਾਤਾਵਰਨ ਪ੍ਰੇਮੀ ਇੰਦਰਜੀਤ ਸਿੰਘ ਮੁੰਡੇ ਦਾ ਮਲੇਸ਼ੀਆ 'ਚ ਹੋਇਆ ਸਨਮਾਨ

ਜ਼ਿਲ੍ਹਾ ਮਾਲੇਰਕੋਟਲਾ ਦੇ ਉਘੇ ਸਮਾਜ ਸੇਵੀ ਤੇ ਵਾਤਾਵਰਨ ਪ੍ਰੇਮੀ ਸ. ਇੰਦਰਜੀਤ ਸਿੰਘ ਮੁੰਡੇ ਚੇਅਰਮੈਨ ਕੇ.ਐਸ ਗਰੁੱਪ ਵੱਲੋਂ ਪਿਛਲੇ 25 ਸਾਲਾਂ ਤੋਂ ਲਗਾਤਾਰ ਵਾਤਾਵਰਨ ਨੂੰ ਬਚਾਉਣ ਲਈ ਉਪਰਾਲੇ ਕੀਤੇ ਜਾ ਰਹੇ ਹਨ। ਜਿਸ ਤਹਿਤ ਹਰ ਸਾਲ ਪੰਦਰਵਾੜਾ ਮੁਹਿੰਮ ਤਹਿਤ 100 ਕਿਲੋਮੀਟਰ ਦੇ ਏਰੀਏ ਵਿੱਚ ਹਜ਼ਾਰਾਂ ਦਰਸ਼ਕ ਲਗਾਏ ਜਾਂਦੇ ਹਨ।



ਜਿਸ ਕਰਕੇ ਉਨ੍ਹਾਂ ਨੂੰ ਪੰਜਾਬ ਭਾਰਤ ਤੋਂ ਇਲਾਵਾ ਇੰਟਰਨੈਸ਼ਨਲ ਪੱਧਰ 'ਤੇ ਵੱਖ ਵੱਖ ਸੰਸਥਾਵਾਂ ਵੱਲੋਂ ਸਨਮਾਨਿਤ ਕੀਤਾ ਜਾ ਚੁੱਕਾ ਹੈ। ਜ਼ਿਕਰਯੋਗ ਹੈ ਕਿ ਇੰਦਰਜੀਤ ਸਿੰਘ ਮੁੰਡੇ ਨੇ ਪੰਜਾਬ ਤੋਂ ਇਲਾਵਾ ਦੁਬਈ ਤੇ ਮਲੇਸ਼ੀਆ ਦੇ ਗੁਰਦੁਆਰਾ ਸਾਹਿਬਾਨਾਂ ਵਿੱਚ ਵੀ ਦਰਜਨਾਂ ਥਾਂ ਬੂਟੇ ਲਗਾਉਣ ਦੀ ਸੇਵਾ ਨਿਭਾਈ ਹੈ ਉਥੇ ਵੀ ਉਨ੍ਹਾਂ ਨੂੰ ਸਨਮਾਨਿਤ ਕੀਤਾ ਜਾ ਚੁੱਕਾ ਹੈ। ਉਸੇ ਲੜੀ ਤਹਿਤ ਸੰਸਥਾ ਨੈਟਵਰਕ ਅੰਫ ਸਿੱਖ ਇੰਟਰਨੈਸ਼ਨਲ ਲਿਮਟਿਡ ਮਲੇਸ਼ੀਆ ਵੱਲੋਂ ਗਲੋਬਲ ਇਨਵਾਇਰਮੈਂਟ ਐਵਾਰਡ 2025 ਨਾਲ ਸਨਮਾਨਤ ਕੀਤਾ ਗਿਆ ਹੈ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਇਹ ਸੇਵਾ ਆਖਰੀ ਸਾਹ ਤੱਕ ਨਿਰੰਤਰ ਜਾਰੀ ਰਹੇਗੀ।

Dr. Amarinder Singh Malhi Becomes First Sikh to Complete Prestigious Harvard Fellowship

In a historic achievement, Dr. Amarinder Singh Malhi has become the first Sikh to successfully complete the prestigious Short-Term 2025 Fellowship at Harvard Medical School's Massachusetts General Hospital (MGH). This marks a significant milestone for the global Sikh medical community and for representation in elite academic circles.

The fellowship, hosted by the Department of Radiology, is a highly competitive international training program designed to foster advanced clinical and research skills. Dr. Malhi received his certificate in a formal ceremony at MGH, where he was



congratulated by faculty and colleagues for his outstanding contributions and dedication.

Speaking on the occasion, Dr. Malhi emphasized the importance of cultural representation and mentorship for young medical professionals from diverse backgrounds. His achievement is being celebrated both in India and among the global Sikh diaspora as a symbol of excellence and perseverance. This accomplishment not only adds to

Dr. Malhi's growing legacy but also sets an inspiring example for future generations of Sikh doctors aiming to make their mark on the world stage.

Book Review: Mystic Echoes – Stories Rooted in Sikh Spiritual Realms

Mystic Echoes is a rare literary gem that combines deep spiritual insight with engaging storytelling. Dr. Devinder Pal Singh has created a tapestry of narratives that not only convey the essence of Sikh metaphysical thought but also resonate with the universal human experience. This book stands as both a literary work and a spiritual guide.

Themes and Philosophical Depth

Each of the twenty stories in the book is steeped in Gurbani-inspired themes such as:

- Naam (Divine Name)
- Haumai (Ego)
- Hukam/Raza (Divine Will)
- Sahaj (Inner balance)
- Maya (Illusion)
- Dasam Duar, Chautha Pad, and Wismad

These complex concepts are handled with grace and clarity, not through didactic preaching but through human-centered storytelling that speaks directly to the heart and spirit.

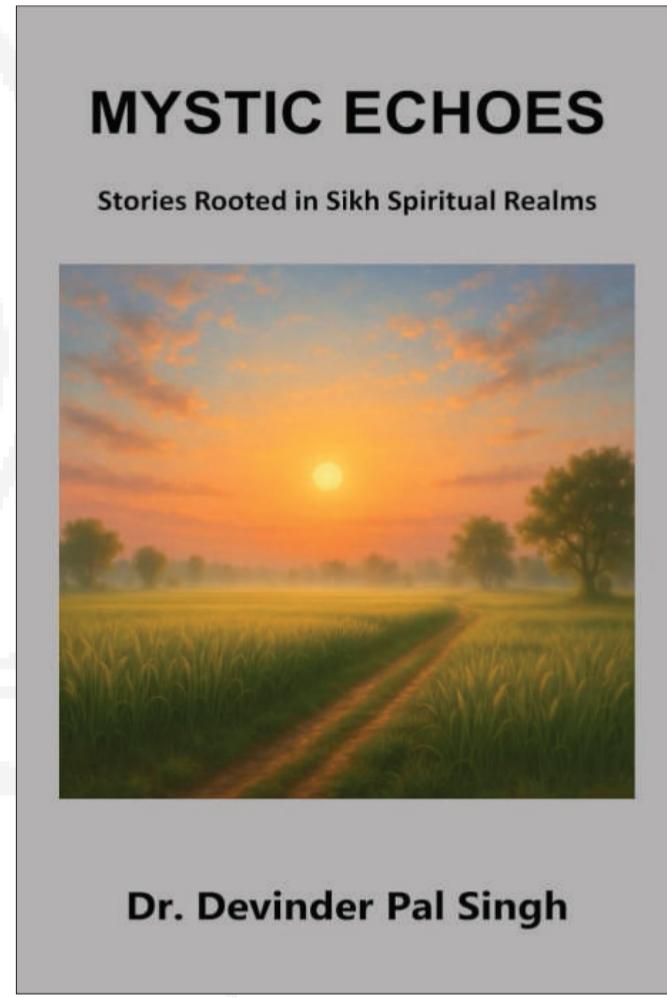
Characters and Settings

The characters are drawn from all walks of life — farmers, youth, elders, interfaith communities — and the stories shift from rural Punjab to urban diasporic environments, making the book accessible and relatable across generations and geographies. Their spiritual struggles mirror those of the modern reader, providing both reflection and inspiration.

Spiritual & Pedagogical Relevance

This book serves multiple purposes:

- A spiritual mirror for seekers, as noted by Dr. Bhai Harbans Lal in the foreword.
- A pedagogical tool for educators wishing to engage



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students in Sikh thought.

- A cultural bridge for young Sikhs in the diaspora.
- A literary contribution that revives the storytelling tradition in Sikhism.

Literary Style

Dr. Singh's prose is lucid, elegant, and contemplative. His ability to translate deep metaphysical ideas into readable and emotionally resonant stories is impressive. The style is accessible yet rich, poetic yet grounded — making the stories suitable for both general readers and students of theology or philosophy.

Strengths

- Seamless blend of spiritual depth and literary finesse
- Broad appeal to both Sikh and non-Sikh readers
- Effective in conveying Sikh doctrines through narrative rather than abstraction
- Insightful portrayal of contemporary moral and existential dilemmas

Suggestions for Readers

Best read reflectively, perhaps one story at a time, allowing for personal contemplation. Ideal for book clubs, religious study circles, and university courses on world religions, ethics, or literature.

Conclusion

Mystic Echoes is not merely a collection of short stories. It is a spiritual journey told through the lens of everyday life. Dr. Devinder Pal Singh revives the sacred art of storytelling in Sikhism, offering modern readers a path to inner awakening, ethical clarity, and universal empathy. It is a must-read for anyone seeking to understand the practical power of Sikh teachings in the world today.

- Chief Editor

HERITAGE

Ajay Singh Banga in Paraguay: Sikh Leader at Helm of World Bank Commits \$2 Billion for Infrastructure Boost



In a powerful moment of global leadership, World Bank President Ajay Singh Banga met with President Santiago Peña of Paraguay, pledging a remarkable \$2 billion investment to advance the nation's infrastructure. From roads and bridges to energy development, this initiative promises not only economic growth but also dignity, access, and opportunity for thousands of Paraguayans.

Ajay Singh Banga — a proud Sikh and the first person of Indian-origin to lead the World Bank — stands as a rare and inspiring figure in international finance, using his position to drive real-world impact with quiet strength. His leadership marks a proud milestone for the Sikh community on the global stage.

WORLD PREMIERE Season 36 Episode 6



Please watch Aao Baniye Gursikh Pyara Quiz show on Chardikla Time TV every Sunday in India at 10.30AM. In USA and Canada 3.30PM (Est) In Australia 4 PM (MELBOURNE). In UK 8.30PM (GMT).

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TMU to Launch Canada's First University Course on Diljit Dosanjh

Toronto Metropolitan University's Creative School has announced Canada's first university-level course on Punjabi superstar Diljit Dosanjh, set to launch in Fall 2026. Revealed at the Billboard Summit during NXNE 2025, the course will explore Dosanjh's musical innovation, cross-cultural impact, and role as a cultural ambassador. This groundbreaking program—the first of its kind in North America—will study Punjabi music's influence on global pop culture and diaspora identity, marking a major step in the academic recognition of South Asian arts. It reflects a growing demand among students for inclusive, global perspectives in music and media studies. TMU's move could set a precedent for universities worldwide to embrace non-Western artists in their curricula.



♦♦ ਰੋਸੁ ਨ ਕੀਜੈ ਉਤਰੁ ਦੀਜੈ ♦♦

1. ਹੇਠਾਂ ਦਿੱਤੇ ਗੁਰਬਾਣੀ ਦੇ ਇਸ ਪਾਵਨ ਬਚਨ ਅੰਦਰ ਕਿਸ ਅੱਖਰ ਦਾ ਅਰਥ ਤੇਲ ਹੈ?
ਬੂਡਤ ਕਉ ਜੈਸੇ ਬੇੜੀ ਮਿਲਤਾ ਹੈ। ਬੂਡਤ ਦੀਪਕ ਮਿਲਤ ਤਿਲਤ। ਜਲਤ ਅਗਨੀ ਮਿਲਤ ਨੀਰ। ਜੈਸੇ ਬਾਰਿਕ ਮੁਖਹਿ ਖੀਰ।
 - a. ਖੀਰ
 - b. ਤਿਲਤ
 - c. ਨੀਰ
 - d. ਬੂਡਤ
2. ਇਕਾ ਬਾਣੀ ਇਕੁ ਗੁਰੂ ਇਕੋ ਸਬਦੁ ਵੀਚਾਰਿ।
In the light of this gurbani verse a Sikh has to imbibe which message?
 - A. Guru Granth Sahib is our only spiritual guide
 - B. Outside Guru Granth Sahib Sikh has no faith
 - C. Sikh has to follow only Guru Granth Sahib
 - D. All of these
3. **Which Nitnem Bani on the first 13 paged of Guru Granth Sahib has the word ਬਾਬਾ which means 'O brother'?**
 - A. Japji
 - B. Sodaar
 - C. Sopurakh
 - D. Sohila

(ਦੇਖੋ ਉਤਰ ਪੰਨਾ 4 'ਤੇ)

ਗੁਰਮਤਿ ਕੈਂਪ ਅਤੇ ਗੁਰਮਤਿ ਫੁਲਵਾੜੀ ਦੌਰਾਨ ਪੁਸਤਕਾਂ ਨਾਲ ਸਨਮਾਨਿਤ ਹੋਏ ਵਿਦਵਾਨ



ਗੁਰਦੁਆਰਾ ਸ੍ਰੀ ਗੁਰੂ ਸਿੰਘ ਸਭਾ, ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਰੋਡ, ਹਜ਼ਾਰੀਬਾਗ ਵਿੱਚ ਸ਼੍ਰਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਦੇ ਸ. ਗੁਰਵਿੰਦਰ ਸਿੰਘ ਜੀ ਅਤੇ ਸ. ਚਰਨਜੀਤ ਸਿੰਘ ਫਾਨੀ ਜੀ ਦੀ ਅਗਵਾਈ ਹੇਠ ਇਕ ਵਿਸ਼ੇਸ਼ ਗੁਰਮਤਿ ਕੈਂਪ ਅਤੇ ਗੁਰਮਤਿ ਫੁਲਵਾੜੀ ਦਾ ਸਫਲ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ। ਇਹ ਸਮਾਗਮ ਅਕਾਲ ਅਕੈਡਮੀ ਬੜ੍ਹੀ ਸਾਹਿਬ ਅਤੇ ਆਓ ਬਣੀਏ ਗੁਰਸਿੱਖ ਪਿਆਰਾ ਦੀ ਟੀਮ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਸੰਪੰਨ ਹੋਇਆ। ਸਮਾਰੋਹ ਦੌਰਾਨ ਡਾ. ਹਰਜਿੰਦਰ ਸਿੰਘ ਜੀ (ਕੈਨੇਡਾ) ਦੁਆਰਾ ਰਚਿਤ ਪੁਸਤਕਾਂ - ਗਿਆਨ ਕਾ ਸਾਗਰ ਅਤੇ ਅਗਾਹਾ ਕੂ ਤਾਂਧ ਨਾਲ ਵਿਦਵਾਨਾਂ ਨੂੰ ਸਨਮਾਨਿਤ ਕੀਤਾ ਗਿਆ ਅਤੇ ਨਾਲ ਹੀ ਇਹਨਾਂ ਪੁਸਤਕਾਂ ਨੂੰ ਪ੍ਰਚਾਰ ਦੇ ਆਸ਼ੇ ਨਾਲ ਨਿਸ਼ਲਕ ਵੰਡਿਆ ਗਿਆ। ਕੈਂਪ ਵਿੱਚ ਸ਼ਾਮਲ ਹੋਏ ਨੌਜਵਾਨ ਵੀਰਾਂ, ਭੈਣਾਂ ਅਤੇ ਬੱਚਿਆਂ ਨੂੰ ਗੁਰਬਾਣੀ, ਸਿੱਖ ਇਤਿਹਾਸ, ਰਹਿਤ ਮਰਯਾਦਾ ਅਤੇ ਗੁਰਮਤਿ ਅਨੁਸਾਰ ਜੀਵਨ ਬਿਤਾਉਣ ਦੀ ਸਿਖਲਾਈ ਦਿੱਤੀ ਗਈ। ਇਹ ਯਤਨ ਨਾ ਕੇਵਲ ਸਿੱਖ ਸੱਭਿਆਚਾਰ ਅਤੇ ਇਤਿਹਾਸ ਦੀ ਸੰਭਾਲ ਵੱਲ ਇਕ ਕਦਮ ਹੈ, ਸਗੋਂ ਨਵੀਂ ਪੀੜ੍ਹੀ ਵਿੱਚ ਗੁਰਸਿੱਖੀ ਜੀਵਨ ਲਈ ਪ੍ਰੇਰਣਾ ਦਾ ਸਰੋਤ ਵੀ ਹੈ। ਅਦਾਰਾ ਆਓ ਬਣੀਏ ਗੁਰਸਿੱਖ ਪਿਆਰਾ ਸਰਦਾਰਨੀ ਮਮਤਾ ਕੌਰ ਜੀ ਦਾ ਇਸ ਉਪਰਾਲੇ ਵਿੱਚ ਵੱਧ-ਚੜ੍ਹ ਕੇ ਹਿੱਸਾ ਲੈਣ ਲਈ ਧੰਨਵਾਦ ਕਰਦਾ ਹੈ।



Proud Moment from Switzerland! Inspiring life story of Jogeshwar Singh



A proud moment for the global Sikh community as Project S-Class from Chapman University, USA, showcases the inspiring life story of Jogeshwar Singh, a distinguished Sikh figure in international finance. Filmed in the scenic landscapes of Switzerland, this short documentary captures not just the success of a Sikh man in the upper echelons of the financial world, but his unwavering commitment to his Sikh identity throughout the journey. Directed by student filmmakers under the mentorship of Emmy-nominated professor Sally Rubin, the film presents Singh's achievements and values — including his proud wearing of the turban and upholding of Sikh principles in professional and personal life. Adding a powerful layer of multiculturalism, his wife — hailing from a different cultural and religious background — also features in the film, offering a heartfelt portrayal of mutual respect, interfaith harmony, and shared values.

SIKH MATRIMONIALS

Suitable match for Gursikh girl 27 /5'5" Graduated from New York Institute of Technology College of Osteopathic Medicine. Contact +91 98997 07357

Required Canadian Born Sikh match for Gursikh girl 29/5'4" in Govt job at Ottawa. No cast bar, Boy should be Turbaned ND/NT. Contact +1613 330 6319.

Gursikh Boy 29/5'8"/ Working in EY,UK/52K GBP/ Masters in Actuarial Management from City Univ. Of London. Contact 9810197878

Gursikh boy29/5'10"/BTech/Working in Canada as Project Manager in MNC/Father retired from Air India/ Contact +1 905 782 3495

ਪੰਨਾ 3 'ਤੇ ਦਿੱਤੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉਤਰ:

1. B

2. D

3. D

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